

**NORTH CAROLINA MARRIAGE AND FAMILY THERAPY LICENSURE BOARD**

**VERIFICATION OF NC MFT LICENSE TO OTHER STATES**

**This is the only verification form completed by North Carolina.**

**APPLICANT:** *Type or print in black ink*

**NAME OF APPLICANT:** \_\_\_\_\_

\_\_\_\_\_  
*Address City State Zip*

\_\_\_\_\_  
*License/Certification Number Original Issue Date Expiration Date*

**STATE VERIFICATION:** *Type or print in black ink (completed by state where license currently held)*

This form and fee of \$25 (check, money order or PayPal receipt – see link on Forms page at [www.ncmfmb.org](http://www.ncmfmb.org)) must be forwarded directly to the North Carolina Marriage and Family Therapy Licensure Board, PO Box 5549, Cary, NC 27512 or E-Mail to [ncmfmb@nc.rr.com](mailto:ncmfmb@nc.rr.com) if paying via on-line payment option. Do not send other state's forms for completion as this is the only verification form provided by North Carolina. NC does not provide copies of original supervision reports or copies of license application files. NC does not verify exam scores to other states. Licensees should have those verified directly from Professional Examination Services (see Score Transfer Form).

**Name of License/Certification:** \_\_\_\_\_ **Original Issue Date** \_\_\_\_\_

**Issued by:** *check one*

- National MFT Examination  
 Endorsement/Reciprocity - Original Licensure State \_\_\_\_\_  
 Grandfathering or Exemption Clause

**License/Certification:** *check one*

- Active      Expiration Date \_\_\_\_\_       Inactive

**Has this license ever been revoked, suspended, restricted or placed on probation?**  
Check one     YES     NO    (If yes, a copy of the public record is attached.)

\_\_\_\_\_  
*Wanda R. Nicholson, Executive Director*

\_\_\_\_\_  
*Date*

**SEAL**

NC MFT Licensure Board PO Box 5549, Cary, NC 27512  
Phone: 919-469-8081, E-Mail: [ncmfmb@nc.rr.com](mailto:ncmfmb@nc.rr.com), Web: [www.ncmfmb.org](http://www.ncmfmb.org)

## **VERIFICATION OF LICENSURE**

### **IMPORTANT INFORMATION**

NC requires that all supervisors be AAMFT Approved Supervisors and reports must be signed and submitted by the supervisor in a sealed envelope (supervisor signature across the seal). NC does not have a separate supervisor approval requirement.

All licenses issued since July 1, 1995 required passing the National MFT Exam, regardless of how long a person may have been licensed in another state.

In regards to the clinical and supervision hours required for licensure, the NC MFT Board requires a minimum of 1500 clinical (face to face therapy) hours with 200 approved supervision (AAMFT Approved Supervisor) hours. Up to 500 clinical hours and any amount of approved supervision earned while in a qualifying degree program may be counted toward the licensure requirement. The remaining 1000 clinical hours must be acquired, under approved supervision (AAMFT Approved Supervisor), post licensure as an associate/provisional licensee (LMFTA). A minimum of 25 approved supervision hours must be acquired post degree, regardless of the number of hours earned prior to completion of their degree. In other words, even if they earned 200 supervision hours during their degree program, they would still need 25 more post degree.

Effective October 1, 2009, the first step in the licensure process is to pass the National MFT Exam. An applicant cannot even be approved for provisional licensure until the examination is successfully completed.

Insofar as verification of exam scores the NC Board currently requires that all applicants have their scores sent directly from the exam service via the score transfer form available to all persons who have taken the National MFT Examination. The NC Board does not accept scores reported by other licensure boards. Conversely, the NC board does not verify exam scores to other states.

Therefore, the Board confirms that anyone licensed since 1995 has been required to pass the National MFT Exam as a requirement for licensure, obtained a minimum of supervision as noted above and has earned a minimum of a master's degree (45 semester hours) with coursework requirements as follows:

## **21 NCAC 31 .0501 APPROPRIATE COURSE OF STUDY**

- (a) Training required for an applicant with a related degree in G.S. 90-270.54(1)a is a graduate degree that includes marriage and family therapy content including coursework in theoretical foundation of marriage and family therapy, assessment and diagnosis, practice of marriage and family therapy; human development and family relations; professional identity and ethics, clinical research, and supervised clinical practicum or internship.
  
- (b) Applicants who were enrolled in a master's degree program on or before October 1, 2011 shall also be considered for licensure with coursework that includes specific marriage and family therapy content including coursework in general family studies, marriage and family therapy theory, psychopathology/abnormal behavior, theories of personality, and supervised clinical practicum or internship.

**NORTH CAROLINA STATUTES AND CODES (ADMINISTRATIVE RULES) may be viewed at [www.ncmft.org](http://www.ncmft.org) (see Quick Link on home page).**