



# North Carolina Marriage and Family Therapy Licensure Board

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If 'YES' appears in the Public Record column, this means disciplinary action has been taken against the licensee and you may contact the Board for more information at [ncmftlb@nc.rr.com](mailto:ncmftlb@nc.rr.com).

Name: **Adrienne Alden**  
License Type\*: **LMFT**  
License Number\*: **1894**  
Initial License Date: **11/1/2017**  
License Active Until: **7/1/2019**  
Public Record (Disciplinary Action): **No**  
Record Updated: **December 14, 2018**

\* LMFT - Licensed Marriage and Family Therapist (unrestricted license)  
LMFTA - Licensed Marriage and Family Therapist Associate  
(restricted license, must practice under approved supervision)

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